FREE PRINTABLE

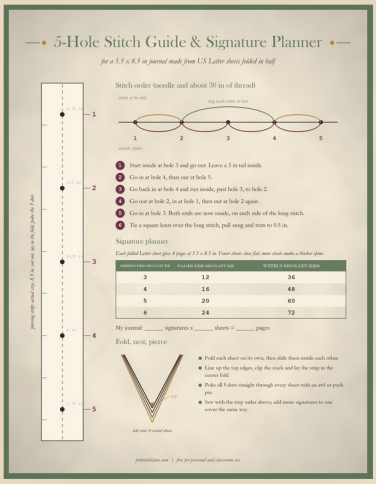
Junk Journal STARTER PACK

planner pages for the free junk journal printables library

7 pages | US Letter | 300 dpi



page 2



page 3



page 4



page 5



page 6



page 7

pick · print · stitch · fill

Junk Journal Library Kit Picker

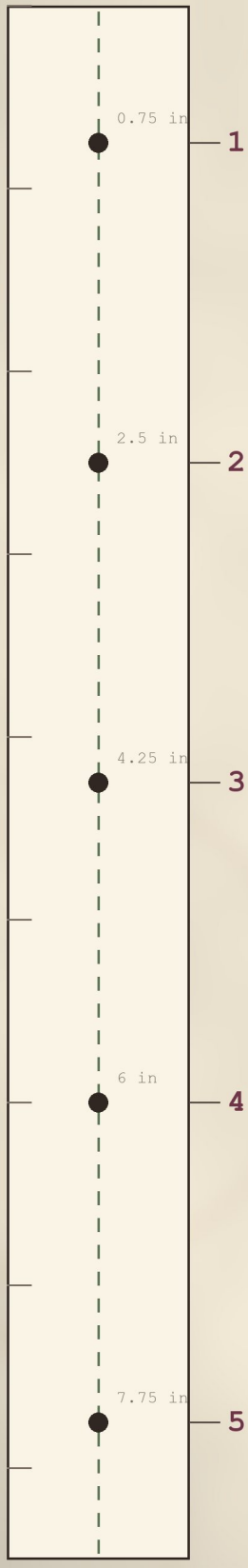
18 free sets, 195 PDF pages in all (covers included): tick what you print and use

SET	PAGES	LOOK FOR	PRINTED	USED
Christmas & winter kits				
Christmas Junk Journal Kit	10	*red & green papers, December Days page, recipe card*	☐	☐
Victorian Christmas Junk Journal Kit	11	*burgundy damask, calling cards, menu, oval frames*	☐	☐
Winter Wonderland Junk Journal Kit	11	*navy & icy blue, village postcards, cut-outs*	☐	☐
Vintage Christmas Printables	8	*1912-style postcards, labels, letter, fold-up card*	☐	☐
Themed kits for any month				
Afternoon Tea Party Junk Journal Kit	11	*tea menu, place cards, scone recipe cards*	☐	☐
Bee & Honey Junk Journal Kit	11	*jar labels, bee facts, bee-friendly flower list*	☐	☐
Celestial Moon & Stars Junk Journal Kit	11	*moon phase chart, constellation cards*	☐	☐
Coffee Shop Junk Journal Kit	11	*cafe menu, receipts, coffee tasting log*	☐	☐
Cottagecore Garden Junk Journal Kit	11	*seed packets, plant labels, bloom log*	☐	☐
Dark Academia Junk Journal Kit	11	*library cards, bookplates, reading log*	☐	☐
Paris 1920s Junk Journal Kit	12	*Art Deco papers, metro tickets, postcards*	☐	☐
Vintage Botanical Junk Journal Kit	11	*herbarium sheet, specimen labels, envelopes*	☐	☐
Vintage papers, ephemera & art				
Vintage Junk Journal Kit	8	*tea-stained paper, ledger, letter, labels*	☐	☐
Vintage Paper & Old Book Pages	11	*10 aged papers: book page, ledger, map grid*	☐	☐
Junk Journal Ephemera Printables	11	*tickets, library cards, wax seals, word strips*	☐	☐
Vintage Art Prints	10	*8 botanical, bird & landscape prints + trim guide*	☐	☐
Patterned scrapbook papers				
Printable Scrapbook Paper	13	*12 soft patterns in sage, blush and navy*	☐	☐
Christmas Scrapbook Paper	13	*12 plaids, stripes and holly patterns*	☐	☐

Every set is on printablelane.com: search the set name and print only the pages you need.

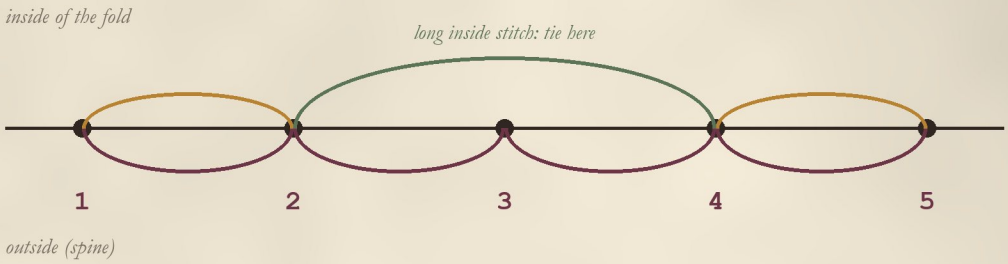
5-Hole Stitch Guide & Signature Planner

for a 5.5 × 8.5 in journal made from US Letter sheets folded in half



piercing strip: actual size, 8.5 in. cut out, lay in the fold, poke the 5 dots

Stitch order (needle and about 30 in of thread)



1. Start inside at hole 3 and go out. Leave a 3 in tail inside.
2. Go in at hole 4, then out at hole 5.
3. Go back in at hole 4 and run inside, past hole 3, to hole 2.
4. Go out at hole 2, in at hole 1, then out at hole 2 again.
5. Go in at hole 3. Both ends are now inside, on each side of the long stitch.
6. Tie a square knot over the long stitch, pull snug and trim to 0.5 in.

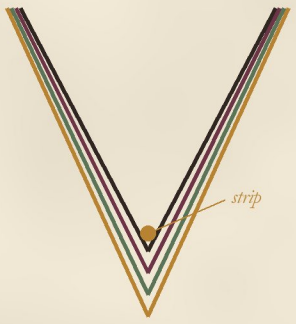
Signature planner

Each folded Letter sheet gives 4 pages of 5.5 × 8.5 in. Fewer sheets close flat; more sheets make a thicker spine.

SHEETS PER SIGNATURE	PAGES PER SIGNATURE	WITH 3 SIGNATURES
3	12	36
4	16	48
5	20	60
6	24	72

My journal: _____ signatures x _____ sheets = _____ pages

Fold, nest, pierce



side view: 4 nested sheets

- Fold each sheet on its own, then slide them inside each other.
- Line up the top edges, clip the stack and lay the strip in the center fold.
- Poke all 5 dots straight through every sheet with an awl or push pin.
- Sew with the step order above; add more signatures to one cover the same way.

Print & Supply Planner

which paper each kit piece needs, and the tools to gather before you cut

KIT PIECE	PRINT ON	WHY
Background papers & book pages	plain printer paper, 20-24 lb (75-90 gsm)	*folds flat into signatures*
Journal covers	65 lb cardstock (about 176 gsm) or heavier	*stands up to handling*
Tags, postcards & place cards	65 lb cardstock	*keeps an edge after cutting*
Pockets, envelopes & belly bands	65 lb cardstock or 24 lb paper	*cardstock for strength, paper for easy folds*
Journaling cards	65 lb cardstock or 24 lb paper	*write-on surface, matte is easier*
Tickets, stamps & small ephemera	24 lb paper	*thin pieces layer without bulk*
Pages you plan to tea-stain	24 lb paper or heavier	*thin paper tears when wet*

Print a test page in draft mode first: the colored papers use a lot of ink. Most home printers leave a white margin, so trim it off with a paper cutter.

Supply checklist

- [ ] Scissors or a paper trimmer
- [ ] Metal ruler and pencil
- [ ] Bone folder or the back of a spoon
- [ ] Awl or a push pin for holes
- [ ] Large-eye needle
- [ ] Waxed thread or embroidery floss
- [ ] Glue stick
- [ ] Double-sided tape
- [ ] Binder clips to hold signatures
- [ ] Hole punch for tags
- [ ] Twine, ribbon or string
- [ ] Cereal-box card for a cover
- [ ] Cooled black tea or coffee for staining
- [ ] Old towel and a baking sheet for drying
- [ ] Envelope or tray for cut pieces
- [ ] Pen that does not smear on matte paper

My print list

KIT OR SET	PDF PAGES	PAPER	COPIES

Ephemera Sorting Mat

lay it on the table, drop each cut piece in its zone, then build pages from one zone at a time



Tickets & Stamps

use on: corners, page edges, over a photo

drop cut pieces here



Tags & Labels

use on: pockets, page tops, string ends

drop cut pieces here



Journaling Cards

use on: tuck spots, flip-outs, pockets

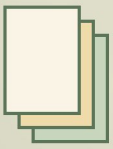
drop cut pieces here



Pockets & Envelopes

use on: glue in first, fill them last

drop cut pieces here



Papers & Backgrounds

use on: whole pages, torn strips, mats

drop cut pieces here



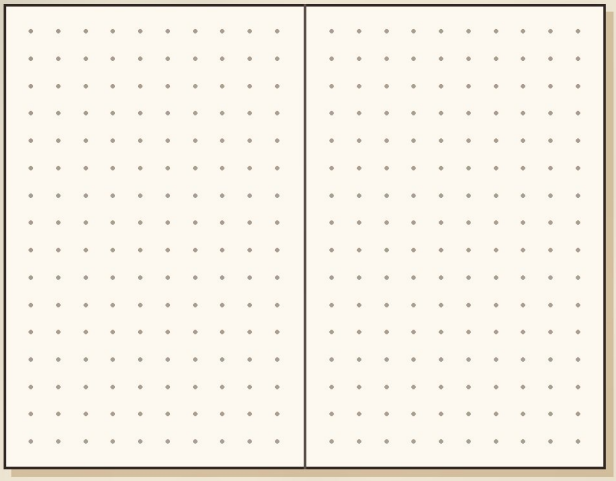
Real Finds to Keep

use on: receipts, tea tags, wrappers

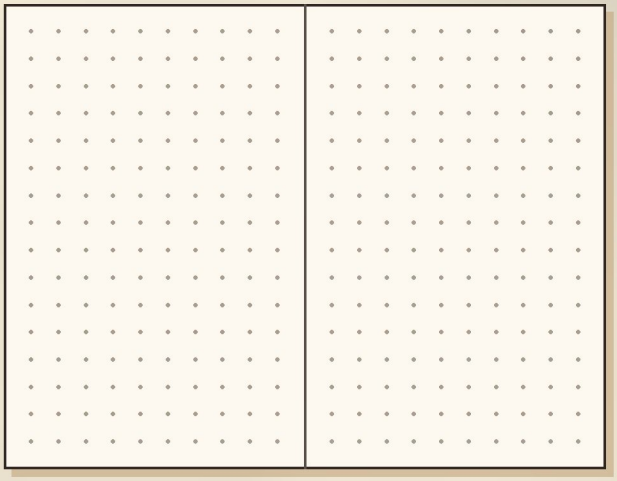
drop cut pieces here

Spread Layout Planner

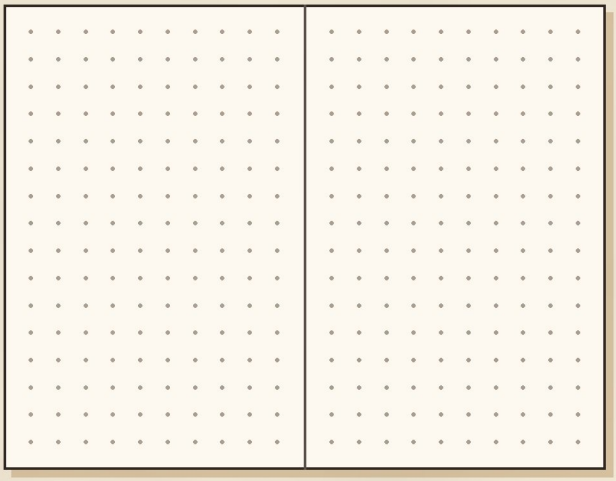
6 two-page spreads drawn to scale for a 5.5 x 8.5 in journal: sketch first, then glue



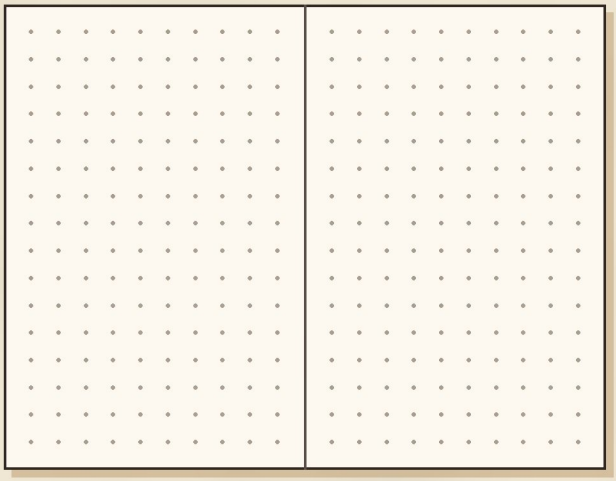
1. kit: _____ pieces: _____ date: _____



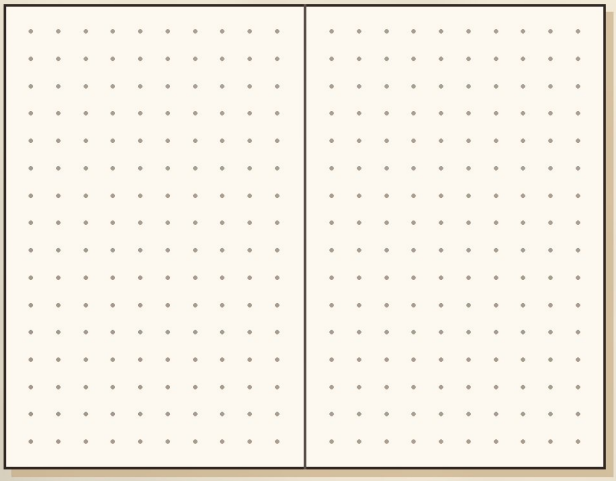
2. kit: _____ pieces: _____ date: _____



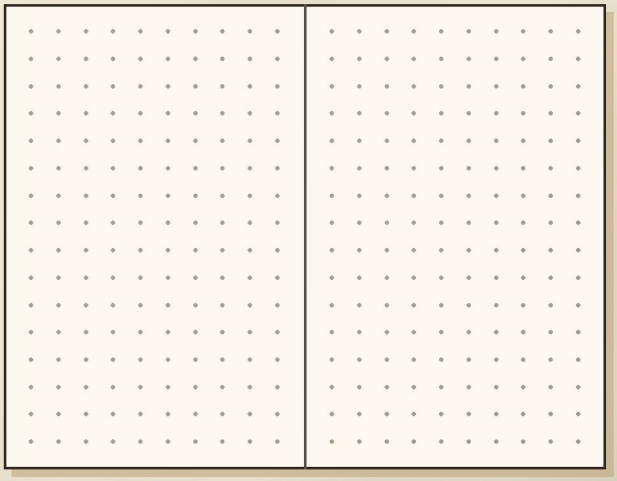
3. kit: _____ pieces: _____ date: _____



4. kit: _____ pieces: _____ date: _____



5. kit: _____ pieces: _____ date: _____



6. kit: _____ pieces: _____ date: _____

30-Day Junk Journal Page Plan

1 small task a day: tick the box when the page is done, skip days freely

Day 1 ☐ Glue a full background paper across a spread.	**Day 2** ☐ Write today's date on a tag and tie it on.	**Day 3** ☐ Tuck a journaling card into a pocket.	**Day 4** ☐ Collage 3 tickets or stamps in one corner.	**Day 5** ☐ Fold a belly band and fit it to your journal.
Day 6 ☐ Tea-stain the edges of one plain page.	**Day 7** ☐ Glue in a real receipt from this week.	**Day 8** ☐ Write a short letter to yourself and seal it.	**Day 9** ☐ Build a whole page in only 2 colors.	**Day 10** ☐ Add a library card and log a book you read.
Day 11 ☐ Make a tuck spot from a strip of paper.	**Day 12** ☐ Layer torn strips of an old book page.	**Day 13** ☐ Put a photo in a printed frame.	**Day 14** ☐ List 5 things you noticed today.	**Day 15** ☐ Use 1 big piece of ephemera as a topper.
Day 16 ☐ Glue a card by one edge to make a flip-out.	**Day 17** ☐ Copy a favorite quote onto a label.	**Day 18** ☐ Mix 1 seasonal kit with 1 vintage paper.	**Day 19** ☐ Add a map or grid page as a fold-out.	**Day 20** ☐ Doodle a border around a plain page.
Day 21 ☐ Turn an envelope you received into a pocket.	**Day 22** ☐ Write a title with word strips or cut letters.	**Day 23** ☐ Glue in a pressed leaf or flower.	**Day 24** ☐ Write a recipe card and tuck it in.	**Day 25** ☐ Make a spread about a place you visited.
Day 26 ☐ Add a postcard and write on its back.	**Day 27** ☐ Sew a paper scrap down with 3 stitches.	**Day 28** ☐ Sketch a spread on the planner, then make it.	**Day 29** ☐ Fill a tiny envelope with little scraps.	**Day 30** ☐ Look back and note your favorite page.

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