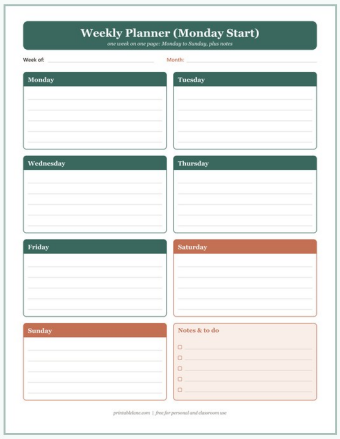
FREE PRINTABLE

Weekly Planner

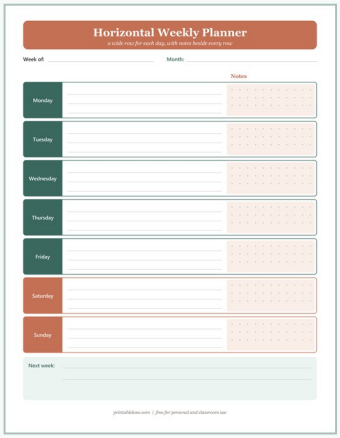
9 undated week-at-a-glance designs

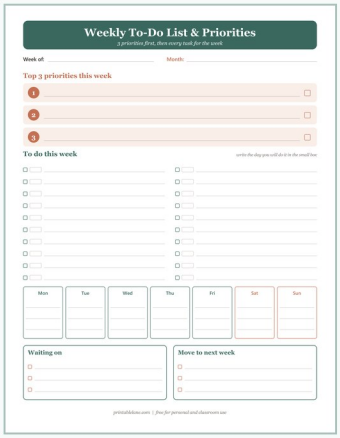
Monday or Sunday start | hourly | students | family | weekly review







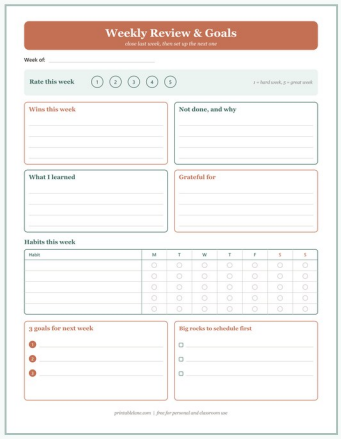












Weekly Planner (Monday Start)

one week on one page: Monday to Sunday, plus notes

Week of: _____ Month: _____

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Notes & to do

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

Weekly Planner (Sunday Start)

one week on one page: Sunday to Saturday, plus notes

Week of: _____ Month: _____

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Notes & to do

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

Vertical Weekly Planner

7 tall day columns, Monday to Sunday

Week of: _____ Month: _____

This week's focus: _____

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
☐	☐	☐	☐	☐	☐	☐
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Notes

Horizontal Weekly Planner

a wide row for each day, with notes beside every row

Week of: _____ Month: _____

		Notes
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

Next week: _____

Weekly To-Do List & Priorities

3 priorities first, then every task for the week

Week of: _____ Month: _____

Top 3 priorities this week

1. _____ ☐
2. _____ ☐
3. _____ ☐

To do this week

write the day you will do it in the small box

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

☐ ☐ _____ ☐ ☐ _____

Mon	Tue	Wed	Thu	Fri	Sat	Sun

Waiting on

☐ _____

☐ _____

☐ _____

Move to next week

☐ _____

☐ _____

☐ _____

Hourly Weekly Schedule

7 AM to 9 PM, Monday to Sunday, in hourly rows

Week of: _____ Month: _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							

Notes: _____

Student Weekly Planner

class schedule, assignments, tests and the weekend

Week of: _____ Term: _____

Class schedule

Period	Monday	Tuesday	Wednesday	Thursday	Friday
1					
2					
3					
4					
5					
6					
7					

Assignments & homework

Subject	Assignment	Due	Done
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐
			☐

Tests & quizzes

_____ on _____

_____ on _____

_____ on _____

_____ on _____

Weekend

Saturday

Sunday

Family Weekly Planner

a column for each person, plus lunch and dinner for every day

Week of: _____ Month: _____

Day	Name:	Name:	Name:	Name:	Meals
Monday					Lunch Dinner
Tuesday					Lunch Dinner
Wednesday					Lunch Dinner
Thursday					Lunch Dinner
Friday					Lunch Dinner
Saturday					Lunch Dinner
Sunday					Lunch Dinner

Groceries to buy

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

Family notes & reminders

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Weekly Review & Goals

close last week, then set up the next one

Week of: _____

Rate this week (1) (2) (3) (4) (5) *1 = hard week, 5 = great week*

Wins this week

Not done, and why

What I learned

Grateful for

Habits this week

Habit	M	T	W	T	F	S	S
	○	○	○	○	○	○	○
	○	○	○	○	○	○	○
	○	○	○	○	○	○	○
	○	○	○	○	○	○	○
	○	○	○	○	○	○	○

3 goals for next week

1. _____
2. _____
3. _____

Big rocks to schedule first

- ☐ _____
- ☐ _____
- ☐ _____