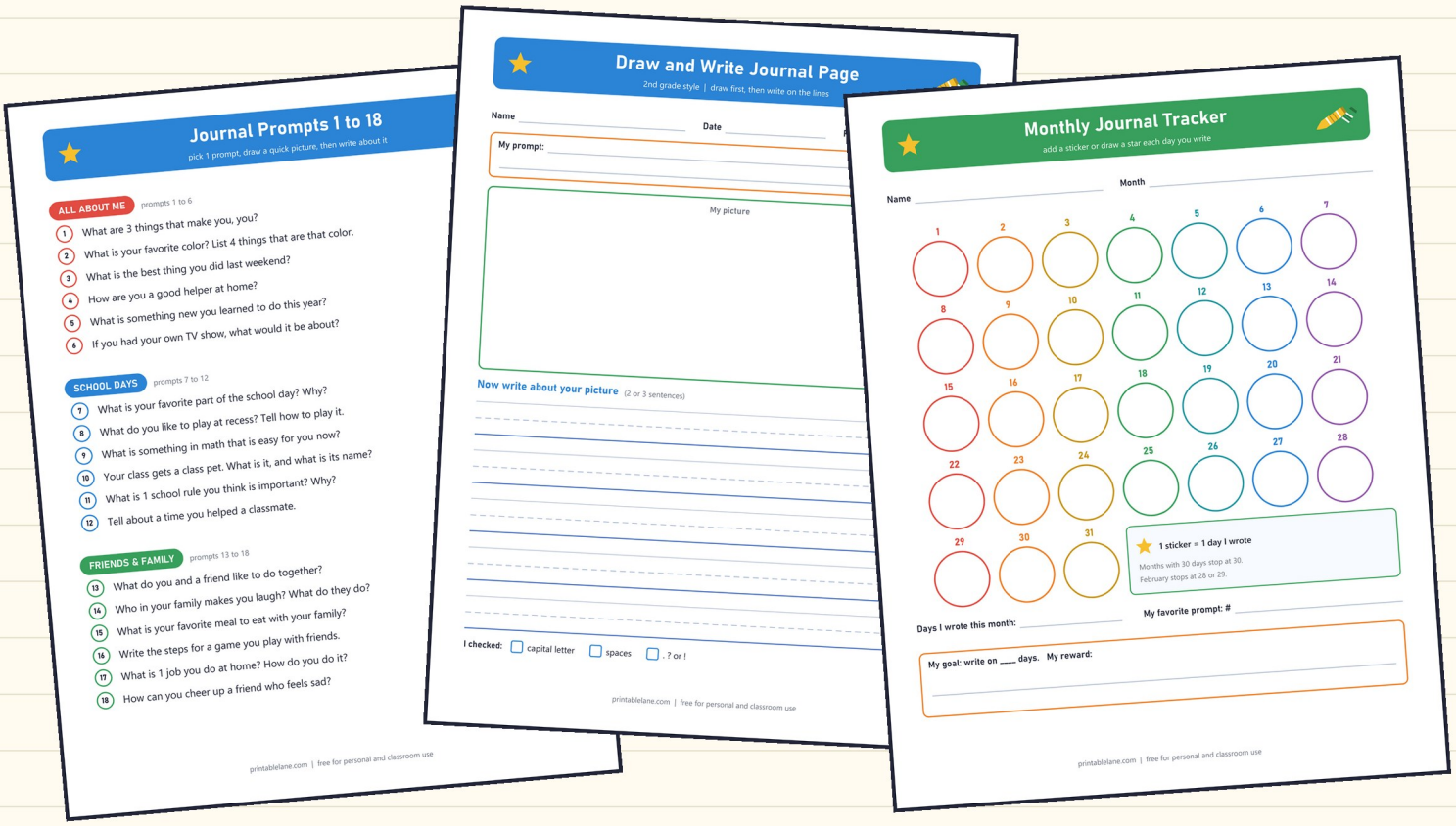
FREE PRINTABLE

Journal Prompts

for 2nd, 3rd & 4th Graders

48 prompts in 8 themes + journal pages, cards, tracker & checklist



10 pages | US Letter | for home or class

printablelane.com | free for personal and classroom use

Journal Prompts 1 to 18

pick 1 prompt, draw a quick picture, then write about it

ALL ABOUT ME

prompts 1 to 6

1. What are 3 things that make you, you?
2. What is your favorite color? List 4 things that are that color.
3. What is the best thing you did last weekend?
4. How are you a good helper at home?
5. What is something new you learned to do this year?
6. If you had your own TV show, what would it be about?

SCHOOL DAYS

prompts 7 to 12

7. What is your favorite part of the school day? Why?
8. What do you like to play at recess? Tell how to play it.
9. What is something in math that is easy for you now?
10. Your class gets a class pet. What is it, and what is its name?
11. What is 1 school rule you think is important? Why?
12. Tell about a time you helped a classmate.

FRIENDS & FAMILY

prompts 13 to 18

13. What do you and a friend like to do together?
14. Who in your family makes you laugh? What do they do?
15. What is your favorite meal to eat with your family?
16. Write the steps for a game you play with friends.
17. What is 1 job you do at home? How do you do it?
18. How can you cheer up a friend who feels sad?

Journal Prompts 19 to 36

pick 1 prompt, draw a quick picture, then write about it

IMAGINATION

prompts 19 to 24

19. Your shoes can walk you anywhere. Where do they go?
20. You wake up as tall as a giant. What happens next?
21. Invent a new ice cream flavor. What is in it?
22. A friendly alien visits your school. Show it around.
23. If your pencil could talk, what would it say about you?
24. You find a magic backpack. What can it do?

ANIMALS & NATURE

prompts 25 to 30

25. Which animal would you like to be for 1 day? What would you do?
26. Go outside and look up. What do you see in the sky?
27. Write about a bug you saw. Where was it, and what was it doing?
28. How can kids help take care of the Earth?
29. Describe a tree near your home or school.
30. What is the coolest animal fact you know?

SEASONS

prompts 31 to 36

31. Describe a cold winter morning. What do you wear?
32. What can you see, hear and smell in spring?
33. Write about a hot summer day. How do you cool off?
34. What do fall leaves sound like when you step on them?
35. Which month is your birthday in? What is the weather like then?
36. List 5 things you love about this season.

Journal Prompts 37 to 48

pick 1 prompt, draw a quick picture, then write about it

WOULD YOU RATHER

prompts 37 to 42

37. Would you rather have a pet dragon or have a pet unicorn? Tell why.
38. Would you rather be able to fly or be invisible? Tell why.
39. Would you rather live in a treehouse or live in a castle? Tell why.
40. Would you rather have breakfast for dinner or have dinner for breakfast? Tell why.
41. Would you rather visit the moon or visit the bottom of the ocean? Tell why.
42. Would you rather talk like a parrot or walk like a penguin? Tell why.

GRATITUDE

prompts 43 to 48

43. Who is someone at school you are thankful for? Why?
44. What is a small thing that made you smile today?
45. What is something in your home you are glad to have?
46. Who is a helper in your town, and how do they help?
47. What is your favorite thing about where you live?
48. What is a sound you are happy to hear?

Stuck? Try a sentence starter

- I like ... because ...
- One day I ...
- My favorite ... is ...
- I would rather ... because ...
- I am thankful for ...
- First ... Next ... Last ...

Draw and Write Journal Page

2nd grade style | draw first, then write on the lines

Name _____ **Date** _____ **Prompt #** _____

My prompt: _____

_____

My picture

Now write about your picture (2 or 3 sentences)

I checked: ☐ capital letter ☐ spaces ☐ . ? or !

Journal Page for 3rd & 4th Grade

wide-ruled lines | plan, sketch, write, then check

Name _____ Date _____ Prompt # _____

Today's prompt: _____

My ideas: 1. _____ 2. _____ 3. _____

quick sketch

Journal Prompt Cards

12 cards | cut on the dashed lines, pick 1 card, write for 5 minutes

ALL ABOUT ME #1

What are 3 things that make you, you?

SCHOOL DAYS #8

What do you like to play at recess? Tell how to play it.

FRIENDS & FAMILY #14

Who in your family makes you laugh? What do they do?

FRIENDS & FAMILY #18

How can you cheer up a friend who feels sad?

IMAGINATION #19

Your shoes can walk you anywhere. Where do they go?

IMAGINATION #22

A friendly alien visits your school. Show it around.

ANIMALS & NATURE #25

Which animal would you like to be for 1 day? What would you do?

SEASONS #32

What can you see, hear and smell in spring?

SEASONS #36

List 5 things you love about this season.

WOULD YOU RATHER #38

Would you rather be able to fly or be invisible? Tell why.

GRATITUDE #44

What is a small thing that made you smile today?

GRATITUDE #47

What is your favorite thing about where you live?

Would You Rather Journal Page

circle 1 choice in each box, then tell why | prompts 37 to 42

Name _____ Date _____

37 Would you rather... have a pet dragon **or** have a pet unicorn

because _____

_____

38 Would you rather... be able to fly **or** be invisible

because _____

_____

39 Would you rather... live in a treehouse **or** live in a castle

because _____

_____

40 Would you rather... have breakfast for dinner **or** have dinner for breakfast

because _____

_____

41 Would you rather... visit the moon **or** visit the bottom of the ocean

because _____

_____

42 Would you rather... talk like a parrot **or** walk like a penguin

because _____

_____

Monthly Journal Tracker

add a sticker or draw a star each day you write

Name _____ Month _____

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1 sticker = 1 day I wrote

Months with 30 days stop at 30.
February stops at 28 or 29.

Days I wrote this month: _____ My favorite prompt: # _____

My goal: write on ____ days. My reward:

_____

My Best Sentence Checklist

copy 1 sentence from your journal, check it, make it even better

Name _____ Date _____

My best sentence:

Check it

- [ ] It starts with a capital letter.
- [ ] Names of people, pets and places start with capital letters too.
- [ ] It ends with a period, a question mark or an exclamation mark.
- [ ] There are spaces between my words.
- [ ] It has at least 2 describing words (like tiny, shiny or loud).
- [ ] I read it out loud, and it makes sense.

Make it even better: add describing words

The cat sat. -> **The sleepy orange cat sat on the warm step.**

My better sentence:

Word bank: tiny | huge | fuzzy | bumpy | shiny | sticky | loud | quiet | cold | sparkly | happy | grumpy